

# Nurses

Parents trust *you* when it comes to infant sleep safety.

AS A NURSE, you are one of families' most trusted advisors and role models, especially on the subject of infant health and sleep safety. Sudden Infant Death Syndrome (SIDS) is still the leading cause of death among infants from one month to one year of age, but there are ways to reduce the risk. Knowing SIDS risk-reduction techniques and how to communicate effectively with parents and other caregivers can help you make a difference in just a few minutes.

The *Eunice Kennedy Shriver* National Institute of Child Health and Human Development, part of the National Institutes of Health, offers a FREE continuing education (CE) program on SIDS risk reduction for nurses.



## Continuing Education Program on SIDS Risk Reduction: Curriculum for Nurses

- Available as a printed booklet and as an online module
- Approved for 1.1 credit hours
- Accredited by the Maryland Nurses Association\*

## After completing the CE program, you will be able to:

- Define SIDS.
- List the critical SIDS risk-reduction messages for parents and caregivers.
- List barriers to back sleeping.
- Describe your key role as an educator to parents and caregivers about SIDS.
- Describe ways that you can effectively communicate SIDS risk-reduction to parents and caregivers.

Visit <http://www.nichd.nih.gov/sidsnursesce/> to access either the online or printed CE, or call 1-800-505-CRIB (2742) to order your printed CE booklet.

\* Accredited by the American Nurses Credentialing Center Commission on Accreditation as a continuing education provider

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES • NATIONAL INSTITUTES OF HEALTH  
*Eunice Kennedy Shriver* National Institute of Child Health and Human Development